

Cultural Colloquium

Concept of Ragas, and its effect on the human mind and soul

Bishnupriya Chakrabarty

Swaratma School of Performing Arts

I will be talking about the lifelong learnings of classical musicians, and why classical music is an elixir for life.

I will speak a little on the time cycle of Ragas, the effect of Ragas and classical music on the human mind, and how this helps to relieve stress and enhance mental health, and behind the stage struggles and sadhna of a classical artist.

About the Speaker:

Bishnupriya Chakrabarty, gandabandh shishya of PDT Biresh Roy, erstwhile Guru at ITC SRA, started her musical journey at Gitabitan, classical section at age 4. She passed the Sangeet Bharati Degree at age 14, with record marks and Gold Medal. Her Taalim continued in the Kirana Gharana under PDT Biresh Roy for more than 25 years. After His demise, Bishnupriya continued Taalim under Vidushi Shubhra Guha, an exponent of Agra Gharana, Guru, ITC SRA.

A national scholar, Bishnupriya is a graded artist of Akashvani in khayal, Thumri and Bhajan. She is also the recipient of Girija Devi Puraskar, VSK BAITHAK, 2013.

Bishnupriya's repertoire includes Khayal, thumri, dadra and bhajan. She has performed in Doordarshan and other television channels like Tara music, Akash Ath, Rupashi Bangla, channel one etc. She has also collaborated with dancers and has performed in a few documentaries of Doordarshan, Gauharjan being one of them. She also runs Swaratma School for Performing Arts training students in classical music and regularly organises concerts under its aegis. She has also been associated with The Bikram Ghosh academy for two years as vocal music guru.

She has also worked as a music therapist in a two year project "effect of classical music on juvenile delinquents" with the Department of clinical psychology, Calcutta University.

Spreading holistic peace through the essence of Raga Music is the main aim of Bishnupriya's musical journey

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5:00 PM